

**WHAT IS CLAIMED IS:**

1. A delivery apparatus for performing a surgical procedure comprising:
  - a flexible catheter capable of assuming an angular configuration at a predetermined time during the surgical procedure;
  - a penetration apparatus disposed within the catheter, the penetration apparatus further comprises a first end having a tip for creating an aperture, and a second end that is substantially free; and
  - at least one fastener in communication with the penetration apparatus.
2. The apparatus of Claim 1, wherein the flexible catheter has an outer catheter and an inner catheter.
3. The apparatus of Claim 1, wherein the tip of the penetration apparatus is a hollow core needle.
4. The apparatus of Claim 1, further comprising a sealant material associated with at least a portion of the fastener.
5. The assembly of Claim 4, wherein the sealant material is an occluding substance.
6. The assembly of Claim 4, wherein the sealant material is a plug.

7. The assembly of Claim 4, wherein the sealant material is an absorbent material.
8. A delivery apparatus for performing a surgical procedure comprising:
  - a flexible catheter capable of assuming an angular configuration at a predetermined time during the surgical procedure;
  - a penetration apparatus disposed within the catheter, the penetration apparatus further comprises a first end having a tip for creating an aperture, and a second end that is substantially free;
  - at least one fastener in communication with the penetration apparatus; and
  - a sealant material associated with at least a portion of the fastener.
9. The apparatus of Claim 8, wherein the flexible catheter has an outer catheter and an inner catheter.
10. The assembly of Claim 8, wherein the sealant material is an occluding substance.
11. The assembly of Claim 8, wherein the sealant material is a plug.
12. The assembly of Claim 8, wherein the sealant material is an absorbent material.
13. A delivery apparatus for performing a surgical procedure comprising:

a flexible catheter capable of assuming an angular configuration at a predetermined time during the surgical procedure;

a penetration apparatus disposed within the catheter, the penetration apparatus further comprises a first end with a tip for creating an aperture that is an open core needle and a second end that is substantially free;

at least one fastener disposed within the penetration apparatus; and

a sealant material associated with at least a portion of the fastener.

14. The apparatus of Claim 13, wherein the flexible catheter has an outer catheter and an inner catheter.

15. The assembly of Claim 13, wherein the sealant material is an occluding substance.

16. The assembly of Claim 13, wherein the sealant material is a plug.

17. The assembly of Claim 13, wherein the sealant material is an absorbent material.

18. A method for performing a surgical procedure at a surgical site, which comprises the steps of:

advancing a delivery apparatus to the surgical site;

activating the delivery apparatus to contact the surgical site;

advancing the delivery apparatus wherein the delivery apparatus creates an aperture at the surgical site; and

releasing a fastener to the surgical site, wherein at least one portion of the fastener further comprises a sealant material.